Website review
braintraining.biz

Generated on March 03 2026 11:03 AM

The score is 77/100

SEO Content

✓	Title	Best Brain Training Games & Apps to Boost Your Mind **Length : 51** Perfect, your title contains between 10 and 70 characters.
✓	Description	Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids! **Length : 133** Great, your meta description contains between 70 and 160 characters.
✗	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✓	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
title	Best Brain Training Games & Apps to Boost Your Mind
description	Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids!
type	website

Headings					
H1	**H2**	**H3**	**H4**	**H5**	**H6**
2	10	23	25	0	0

- [H1] Top Brain Training Techniques to Sharpen Your Brain
- [H1] FAQ: Brain Training
- [H2] Rachel Lin
- [H2] Introduction
- [H2] What Is Brain Training?
- [H2] The Science Behind Brain Training
- [H2] Does Brain Training Actually Work?

SEO Content

- [H2] Top Brain Training Games and Apps
- [H2] Benefits of Brain Training
- [H2] What should you choose?
- [H2] Unique Brain Training Exercises You Can Actually Stick With
- [H2] Final Thoughts
- [H3] About the Author:
- [H3] Connect with Rachel:
- [H3] What Brain Training Looks Like
- [H3] Commercial Programs and Controversies
- [H3] What the Research Says
- [H3] Brain Training Worth Your Time?
- [H3] Mind Elevate
- [H3] Lumosity
- [H3] Elevate
- [H3] Peak Brain Training
- [H3] NeuroNation
- [H3] Brainwell
- [H3] CogniFit
- [H3] Mensa Brain Training
- [H3] Impulse
- [H3] Brain Gymmer
- [H3] Meditation: Mental Strength from Stillness
- [H3] Neurobic Activities: Train With All Your Senses
- [H3] Offline Brain Games: Low-Tech, High Reward
- [H3] Programs from Centers Like the Center for Brain Training
- [H3] Physical Activity With Mental Challenge
- [H3] Creative Hobbies
- [H3] Lifelong Learning
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] What is brain training?
- [H4] Are brain training apps effective?
- [H4] What are the best free brain training apps?
- [H4] Can brain training help ADHD?
- [H4] Are there brain training games for kids?
- [H4] What is impulse brain training?
- [H4] What are the best brain training apps for 2025?

SEO Content

✓	Images	We found 18 images on this web page. Good, most or all of your images have alt attributes.
✓	Text/HTML Ratio	Ratio : **36%** Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
✓	Flash	Perfect, no Flash content has been detected on this page.
✓	Iframe	Great, there are no Iframes detected on this page.

SEO Links

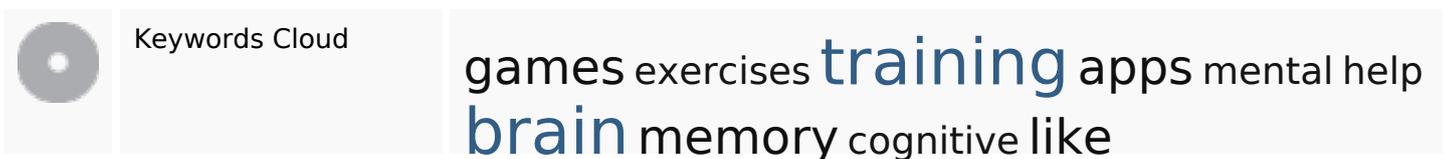|		
✓	URL Rewrite	Good. Your links looks friendly!
✓	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✓	In-page links	We found a total of 11 links including 0 link(s) to files
●	Statistics	External Links : noFollow 0% External Links : Passing Juice 27.27% Internal Links 72.73%

In-page links

Anchor	Type	Juice
Author	Internal	Passing Juice
Introduction	Internal	Passing Juice
Science	Internal	Passing Juice
Apps	Internal	Passing Juice
Benefits	Internal	Passing Juice

In-page links

Exercises	Internal	Passing Juice
FAQ	Internal	Passing Juice
LinkedIn	Internal	Passing Juice
brain training games	External	Passing Juice
Music Games	External	Passing Juice
improve focus	External	Passing Juice

SEO Keywords

Keywords Cloud	games exercises training apps mental help brain memory cognitive like

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
brain	50	✔	✖	✔	✔
training	44	✔	✖	✔	✔
like	27	✖	✖	✖	✔
games	24	✔	✖	✔	✔
memory	24	✖	✖	✔	✖

Usability

	Url	Domain : braintraining.biz Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.

Usability

✓		
✗	Dublin Core	This page does not take advantage of Dublin Core.

Document

✓	Doctype	HTML 5
✓	Encoding	Perfect. Your declared charset is UTF-8.
✗	W3C Validity	Errors : 0 Warnings : 0
✓	Email Privacy	Great no email address has been found in plain text!
✓	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
●	Speed Tips	✓ Excellent, your website doesn't use nested tables. ✓ Perfect. No inline css has been found in HTML tags! ✓ Great, your website has few CSS files. ✓ Perfect, your website has few JavaScript files. ✓ Perfect, your website takes advantage of gzip.

Mobile

●	Mobile Optimization	✓ Apple Icon ✓ Meta Viewport Tag ✓ Flash content

Optimization

✅	XML Sitemap	Great, your website has an XML sitemap. https://braintraining.biz/sitemap.xml
✅	Robots.txt	http://braintraining.biz/robots.txt Great, your website has a robots.txt file.
❌	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.