Website review
howtoimprovememory.org

Generated on March 03 2026 11:15 AM

The score is 62/100

pagepeeker

SEO Content

✓	Title	How to Improve Memory: Top Tips for 2025 **Length : 40** Perfect, your title contains between 10 and 70 characters.
✓	Description	Learn how to improve memory, focus, and recall with exercises, games, and tips for adults, kids, and ADHD. Boost short-term and long-term memory today! **Length : 151** Great, your meta description contains between 70 and 160 characters.
✗	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✓	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
title	How to Improve Memory: Top Tips for 2025
description	Learn how to improve memory, focus, and recall with exercises, games, and tips for adults, kids, and ADHD. Boost short-term and long-term memory today!
type	website

Headings

H1	H2	H3	H4	H5	H6
1	9	22	8	0	0

- [H1] How to Improve Your Memory for Better Cognitive Health?
- [H2] Jamie Wells
- [H2] Introduction
- [H2] Why Memory Improvement Matters
- [H2] Top Strategies to Improve Memory
- [H2] Memory Improvement for Specific Needs

SEO Content

- [H2] Free and Accessible Memory Improvement Tools
- [H2] How to Implement Memory Improvement Techniques
- [H2] FAQ – Common Questions About Memory Improvement
- [H2] Conclusion
- [H3] About the Author:
- [H3] Connect with Jamie
- [H3] Remember and repeat (but space it out)
- [H3] Use tools, but use them the right way
- [H3] Concept maps
- [H3] Self-testing beats passive review
- [H3] Study groups can help, but only if you participate
- [H3] Mix up your subjects
- [H3] Check in with yourself
- [H3] For ADHD
- [H3] For Kids
- [H3] For Studying: Mnemonics, Repetition, and Retrieval
- [H3] For Physical Tasks
- [H3] Free Online Games That Actually Help
- [H3] Apps for Kids with ADHD or Working Memory Struggles
- [H3] Printable Worksheets and DIY Games for Home
- [H3] Start Small and Stay Consistent
- [H3] Practice in Layers
- [H3] Use Tools to Stay Organized
- [H3] Make Sleep and Diet a Priority
- [H3] Track Progress and Adjust
- [H3] Avoid Overload
- [H4] How can I improve my memory?
- [H4] How to improve short-term memory?
- [H4] What are ways to improve memory for studying?
- [H4] How to improve memory with ADHD?
- [H4] How to improve working memory in kids?
- [H4] Do memory games really help?
- [H4] How to improve long-term memory?
- [H4] What are good exercises for visual memory?

	Images	We found 7 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : **72%** This page's ratio of text to HTML code is more than 70 percent, this means that your the page might run the risk of being considered spam.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

✓	URL Rewrite	Good. Your links looks friendly!
✓	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✓	In-page links	We found a total of 13 links including 0 link(s) to files
○	Statistics	External Links : noFollow 0% External Links : Passing Juice 30.77% Internal Links 69.23%

In-page links

Anchor	Type	Juice
Author	Internal	Passing Juice
Basics	Internal	Passing Juice
Why	Internal	Passing Juice
Strategies	Internal	Passing Juice
Specific	Internal	Passing Juice
Tools	Internal	Passing Juice
Implement	Internal	Passing Juice
FAQ	Internal	Passing Juice
LinkedIn	Internal	Passing Juice
how to improve memory and concentration	External	Passing Juice
Attention Games	External	Passing Juice
Logic Games	External	Passing Juice
brain games	External	Passing Juice

SEO Keywords

	Keywords Cloud	how brain recall improve games even help

SEO Keywords

memory _{tools} like

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
memory	93	✔	✘	✔	✔
like	48	✘	✘	✘	✘
games	43	✘	✘	✔	✔
brain	31	✘	✘	✘	✘
how	29	✔	✘	✔	✔

Usability

	Url	Domain : howtoimprovememory.org Length : 22
✔	Favicon	Great, your website has a favicon.
✘	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✘	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.

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Document

	W3C Validity	Errors : 0 Warnings : 0
✗	**W3C Validity**	Errors : 0 Warnings : 0
✓	**Email Privacy**	Great no email address has been found in plain text!
✗	**Deprecated HTML**	

Deprecated tags	Occurrences
<u>	1

Deprecated HTML tags are HTML tags that are no longer used. It is recommended that you remove or replace these HTML tags because they are now obsolete.

	Speed Tips	
○	**Speed Tips**	✓ Excellent, your website doesn't use nested tables.
		✗ Too bad, your website is using inline styles.
		✓ Great, your website has few CSS files.
		✓ Perfect, your website has few JavaScript files.
		✓ Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	
○	**Mobile Optimization**	✓ Apple Icon
		✓ Meta Viewport Tag
		✓ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
✓	**XML Sitemap**	Great, your website has an XML sitemap. https://howtoimprovememory.org/sitemap.xml
✓	**Robots.txt**	http://howtoimprovememory.org/robots.txt Great, your website has a robots.txt file.
✗	**Analytics**	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You

Optimization

		should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.