



Website review paradigmamed.org

Generated on March 03 2026 13:24 PM

The score is 52/100



SEO Content

	Title	<p>Mobile App Guide: Coin ID, Plant Finder, & Location Tracker</p> <p>Length : 59</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	Description	<p>A simple guide to 3 essential mobile apps: Coin ID Scanner for collectors, AI Plant Finder for plant care, and Number Tracker for family safety and location sharing.</p> <p>Length : 165</p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.</p>												
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	Og Meta Properties	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	Headings	<table border="1" data-bbox="544 1480 1481 1547"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>4</td> <td>11</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1585 1481 2078" style="list-style-type: none"> • [H1] Free and Useful: Apps That Improve Your Life • [H2] Coin ID Scanner • [H2] AI Plant Finder • [H2] Number Tracker • [H2] Conclusion • [H3] Carousel • [H3] Secrets of Naturopathy: How to Use Natural Elements for Healing • [H3] Essential Oils for Stress Relief: A Natural Approach to Relaxation • [H3] The Power of Herbs: Healing Benefits, Uses, ID Apps • [H3] Yoga for beginners - health benefits • [H3] Friendly Competition: Shared GPS Tracking for Outdoor Adventures • [H3] Top 5 Alternative Medicine Practices You Can Try Today 	H1	H2	H3	H4	H5	H6	1	4	11	0	0	0
H1	H2	H3	H4	H5	H6									
1	4	11	0	0	0									

SEO Content

		<ul style="list-style-type: none">• [H3] Money and Energy: The Impact of Our Wealth Beliefs on Overall Well-Being• [H3] Valuable Coins from the 1960s: Lincoln Pennies and Other Issues• [H3] Skin Care After Liposuction• [H3] Outdoor Activities with Tracking Apps: Joint Routes with Friends
	Images	We found 20 images on this web page. 1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : 14% This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 15 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

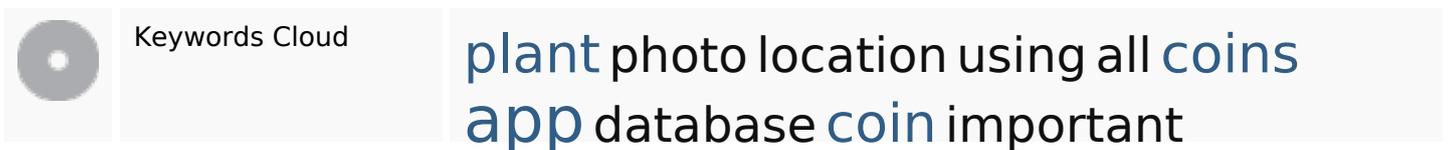
In-page links

Anchor	Type	Juice
Skip to content	Internal	Passing Juice

In-page links

BLOGARISE	Internal	Passing Juice
Blog	Internal	Passing Juice
About-us	Internal	Passing Juice
Pages	Internal	Passing Juice
Secrets of Naturopathy: How to Use Natural Elements for Healing	Internal	Passing Juice
Essential Oils for Stress Relief: A Natural Approach to Relaxation	Internal	Passing Juice
The Power of Herbs: Healing Benefits, Uses, ID Apps	Internal	Passing Juice
Yoga for beginners - health benefits	Internal	Passing Juice
Friendly Competition: Shared GPS Tracking for Outdoor Adventures	Internal	Passing Juice
Top 5 Alternative Medicine Practices You Can Try Today	Internal	Passing Juice
Money and Energy: The Impact of Our Wealth Beliefs on Overall Well-Being	Internal	Passing Juice
Valuable Coins from the 1960s: Lincoln Pennies and Other Issues	Internal	Passing Juice
Skin Care After Liposuction	Internal	Passing Juice
Outdoor Activities with Tracking Apps: Joint Routes with Friends	Internal	Passing Juice

SEO Keywords



Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
app	15	✓	✗	✓	✓
coin	11	✓	✗	✓	✓
plant	10	✓	✗	✓	✓

Keywords Consistency

coins	9	✘	✘	✘	✔
database	8	✘	✘	✘	✘

Usability

	Url	Domain : paradigmamed.org Length : 16
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none">✘ Attention! Try to avoid nested tables in HTML.✘ Too bad, your website is using inline styles.✘ Too bad, your website has too many CSS files (more than 4).

Document

-  Too bad, your website has too many JS files (more than 6).
-  Perfect, your website takes advantage of gzip.

Mobile



Mobile Optimization

-  Apple Icon
-  Meta Viewport Tag
-  Flash content

Optimization



XML Sitemap

Great, your website has an XML sitemap.

<https://paradigmamed.org/sitemap.xml>



Robots.txt

<http://paradigmamed.org/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.