



# Website review sushruthospital.net

Generated on March 03 2026 14:35 PM

The score is 57/100



## SEO Content

	<p>Title</p>	<p>Useful Digital Habits That Bring Focus, Care, and Meaning to Daily Life</p> <p><b>Length : 71</b></p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Description</p>	<p>Build practical digital habits that support curiosity, attention, safety, and well-being. Learn how smart tools help you in daily life —without distraction or overload.</p> <p><b>Length : 168</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="544 1514 1481 1581"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>11</td> <td>3</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1615 1501 2078" style="list-style-type: none"> <li>• [H1] Useful Habits for the Modern Man to Make Life Better</li> <li>• [H2] Habit №1: Learn to Recognize Value with Coin ID Scanner</li> <li>• [H2] Habit №2: Care About the People You Love with Number Tracker</li> <li>• [H2] Habit №3: Get Curious About Nature with Plant Finder</li> <li>• [H2] Habit №4: Train Your Brain Daily with Mind Elevate</li> <li>• [H2] Habit №5: Plan a Tattoo with AI Tattoo Art Studio</li> <li>• [H2] Habit №6: Write, Learn, and Solve Faster with AI Chat Bot &amp; Virtual Helper</li> <li>• [H2] Habit №7: Track Health Consistently with Heart Pulse Monitor - Health Log</li> <li>• [H2] Habit №8: Keep Your Connection Private with VPN Security - Secure Shield</li> <li>• [H2] Habit №9: Make Speed and Privacy Predictable with VPN</li> </ul>	H1	H2	H3	H4	H5	H6	1	11	3	0	0	0
H1	H2	H3	H4	H5	H6									
1	11	3	0	0	0									

## SEO Content

		<p>Fast Proxy VON</p> <ul style="list-style-type: none"> <li>• [H2] Small Steps - Big Changes</li> <li>• [H2] More articles</li> <li>• [H3] The Importance of Early Detection: Screening for Orthopedic Conditions</li> <li>• [H3] Understanding the Importance of Orthopedic Shoes</li> <li>• [H3] Top 5 Orthopedic Exercises to Relieve Joint Pain and Improve Mobility</li> </ul>
	Images	<p>We found 35 images on this web page.</p> <p>11 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : <b>36%</b></p> <p>Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.</p>
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 4 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p>

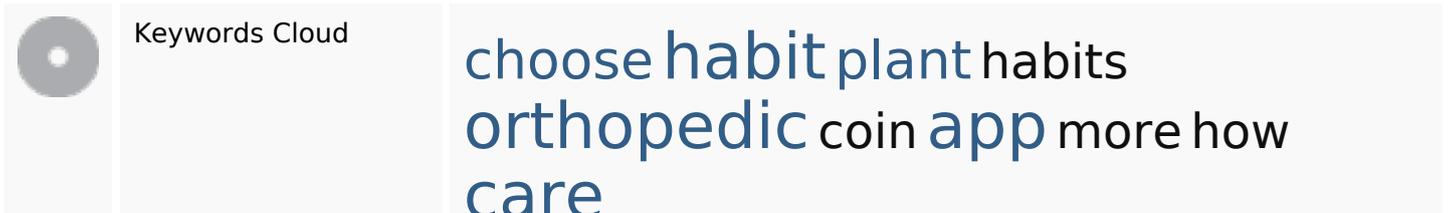
## In-page links

Anchor	Type	Juice
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## In-page links

<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Blog</a>	Internal	Passing Juice
<a href="#">Pages</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice

## SEO Keywords



## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
app	14	✘	✘	✘	✘
orthopedic	13	✘	✘	✘	✔
care	12	✔	✘	✘	✔
habit	12	✔	✘	✔	✔
choose	10	✘	✘	✘	✘

## Usability

	Url	Domain : sushruthospital.net Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.

## Usability

	Dublin Core	This page does not take advantage of Dublin Core.
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## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap.
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## Optimization



		<a href="https://sushruthospital.net/sitemap.xml">https://sushruthospital.net/sitemap.xml</a>
	Robots.txt	<a href="http://sushruthospital.net/robots.txt">http://sushruthospital.net/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.